

Glowlift Daily Routine Guide

Included with Glowlift **BOGO** and **2+2** bundles

1. Apply serum or moisturizer first.

2. Use light upward strokes from chin to cheek.

3. Glide along the jawline for 30 seconds per side.

4. Rinse bristles and store the brush in its case.

Keep pressure light. This is a cosmetic massage routine, not medical treatment.

Morning Face Brush Map

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Cheeks: sweep outward from the nose toward the ear.

Jawline: use short upward strokes from chin to ear.

Neck area: use gentle upward passes only.

Finish: clean the brush, let bristles dry, then close the case.

Repeat daily for a routine that stays easy.